

Lakers,

This may be of interest to those of you who are ageing !!

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-----Original Message-----

From: Debra Gent [mailto:Debra.Gent@unisa.edu.au]

Sent: Wednesday, 30 June 2010 9:29 AM

To: info@lakers.com.au

Subject: Cycling research study

Dear Sir/Madam,

My name is Deb Gent and I am currently conducting a research project at the University of South Australia looking at how muscle power changes with ageing.

We are currently looking for volunteers to participate in our study. We require masters cyclists/triathletes aged 35-64 years who are training or competing on a regular basis.

The testing uses three maximal exertion tests on a cycle ergometer and takes approximately one hour. At the completion of testing, participants will be provided with measurements of peak power output and predicted VO2max and a summary of how their results compare to normative values. Obviously there is no charge for this testing service.

I have attached our flyer and participant information sheet that gives a more detailed outline of the study.

I am hoping you may be able to distribute this information to members of your club that may be interested in participating in this research.

Kind Regards,

Deb Gent
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